

Student Associations: Student Representative Council (SRC) and Griffith University Postgraduate Students Association (GUPSA)

# Wellness, Advocacy and Leadership Initiative (WALi)



## Casual Positions 2021

**Position:** WALi Student Leader

**Applications Close:** 5.00pm Friday April 16, 2021.

**Hours:** Casual – most shifts will be 3 hours in length and occur between 8:00am and 2.00pm weekdays. Number of shifts per trimester will vary depending on availability, locations and funding.

**Pay Level:** HEW 2 (2021 rate \$35.6022 per hour)

**Location:** Casual shifts will be available primarily at Nathan and Southbank campuses. Staff may also be required to work across Logan and Mount Gravatt when required.

Please note: students enrolled in psychology programs will not be eligible for shifts at Mount Gravatt due to the nature of the role.

### Details

WALi Student Leaders will facilitate weekly Wellness Headquarters (HQs) on campus at Nathan and online through Blackboard. The Wellness HQs are a hub for students to connect with their peers and engage in ongoing discussions about mental health and wellbeing. Students accessing Wellness HQs are able to seek information and resources about challenges they are currently facing, which can include students in crisis or acute distress. Training and ongoing support is provided to all WALi Student Leaders.

For 2021, we are seeking to hire WALi Student Leaders who have a background and/or skills in social media, content creation, and written communication. In addition to facilitating Wellness HQs and Wellness Walks, we require WALi Student Leaders to engage with students through our Facebook, Instagram, Blackboard, and Youtube channel.

### Duties

- Event management including set-up and pack-down of weekly Wellness HQ
- Proactively initiate conversations and engage with students from diverse backgrounds about their experiences at university and their general wellbeing
- Provide information and referral to undergraduate and postgraduate students on a range of support services
- Undertake mental health risk assessments and safety planning, including the engagement of shift supervisor in an appropriate and timely manner
- Contribute to discussions that demystify mental illness and promote positive help-seeking behaviours

- Complete a daily report (Google Form) with WALi partner, summarising the interactions of each shift, detailing observations and challenges
- Communicate regularly with supervisors regarding any questions or challenges. Communication may occur informally or through scheduled supervision sessions.
- Helping create online mental health and wellbeing videos and content for our Facebook, Instagram, Blackboard and YouTube channels. This can involve delivering online video content so we are looking for people who will be comfortable in front of the camera!
- Participating in online Wellness HQs through Blackboard and Teams and contributing and monitoring our online Blackboard Discussion Forum.

To apply please email your resume and 1 page cover letter with response to Selection Criteria (see position description on next page) and outlining your motivations for becoming a WALi Student Leader to [advocacy@griffith.edu.au](mailto:advocacy@griffith.edu.au) . Please include the following details in your cover letter:

- Program of study
- Availability: preferred days/times for working
- Preferred campus



## Selection Criteria

Applicants are required to meet the following selection criteria:

### **Essential:**

1. Have obtained, or must complete prior to commencement the following:
  - Blue Card
  - First Aid and CPR
  - Consent Matters
  - Walking in Rainbow Shoes Module
2. Have obtained or have a willingness to obtain Mental Health First Aid certification
3. Have successfully completed at least two trimesters of study at Griffith University
4. Excellent communication and interpersonal skills including the ability to engage with students from diverse backgrounds
5. Comfortable engaging in discussions about mental health concerns and general wellbeing and ability to respond calmly in high stress or challenging situations
6. Understanding of, and ability to apply a high level of confidentiality and sensitivity to a range of issues and experiences
7. Ability to work successfully as part of a human services team including a good understanding of professional boundaries and the capacity to seek additional support and guidance when needed
8. Excellent knowledge of services provided by the University and knowledge of services available in the community

### **Desirable but not essential:**

1. Experience with using multiple social media platforms (Instagram, Facebook & YouTube) and being comfortable delivering content to an online audience.
2. Previous experience working in a tertiary environment.
3. Experience in working with students and awareness of students needs and concerns

